

Shri Binzani City College

Near Sakkardara Square, Umrer Road, Nagpur

(An Autonomous Institution affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur)

B. A. Semester I

Major 1 – Basic of Psychology I

(To be implemented from 2024 – 25)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to–*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B. A Semester I – Psychology
Course Code	BA1HUPST1
Course Name	Basic of Psychology I
No. of Credits	03 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Interest in human behavior • Being inquisitive about psychological study
Course Outcomes:	



Course Outcomes

The students will be able to:

- | | |
|------|---|
| CO 1 | Relate psychological methods like introspection, observation, and case studies in practical scenarios to understand human behavior. |
| CO 2 | Summarize all major concepts of fundamental psychology. |
| CO 3 | Compare various learning methods and stages of memory. |
| CO 4 | Determine how we perceive the world and responds according. |

Syllabus:

Contents

Unit I

INTRODUCTION TO PSYCHOLOGY AND ITS DEVELOPMENT

- Psychology: Definitions, Goals and Historical background of psychology.
- Approaches of psychology: Behaviorism, Cognitive, Biological, Psychoanalytic, Humanistic
- Methods of psychology: Introspection, Observation, Questionnaire, Interview, Case Study, Experimental; Applications of Psychology

Activates:

- Habit Interference
- Substitution Learning
- Alexander Pass-Along Test

Unit II

COGNITIVE PROCESSES I

- Attention: Meaning, Types of Attention: Selective, Habitual Attention, Division of Attention, determinants of attention.
- Thinking: Components of thinking, Types of thinking: Decision Making and factors affecting on decision making
- Sensation: Process and Introduction to Five Senses. Perception: Figure and Background, Laws of Perceptual Organization, Role of attention in perception.

Activities:

- Division of Attention
- Span of Attention
- Muller-Lyer Experiment

Unit III

COGNITIVE PROCESSES II

- **Learning:** Meaning, Types, Thorndike's Laws of Learning, Methods: Conditioning, Operant, Observational, Insight, Latent. Learning disability: Dyslexia, Dysgraphia, dyscalculia and Slow learners
- **Memory:** Meaning, Process-Encoding-Storage-Retrieval, Stages-Sensory-Short Term- Long Term. Types of Long-Term Memory: Implicit: Non-Declarative, Procedural; Explicit: Declarative, Episodic, Semantic.
- **Forgetting:** Meaning and Causes; Memory Improvement Techniques

Activities:

- Knowledge of Result
- Recall and Recognition

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	• Concept Formation	
Textbooks / Reference Books:	1.Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalapur Pub. Nagpur 2.Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon. 3.Nimbalkar, K.P.(2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha. 4.Amruta Bhuskute (2024) “मानसशास्त्राची मुलतत्वे-भाग १ .पिंपळपुरे प्रकाशन ,नागपूर.	
Evaluation Pattern:		
S. No	Theory	CIE
1.	LAQs with internal choice from Unit 1 = 16 Marks	Online and Offline classroom participation of the student =10 Marks
2.	LAQs with internal choice from Unit 2 = 16 Marks	An assignment based on curriculum = 10 Marks
3.	LAQs with internal choice from Unit 3 = 16 Marks	Subject wise class tests = 10 Marks
4.	Three Short Notes of 4 marks or 6 VSAQs of two marks or 12 MCQs of 1 marks all three units with no internal choice = 12 Marks	Performance Based Activities conducted by the teacher concerned / Viva voce = 10 Marks
	Total: 60 Marks	Total: 40 Marks



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B. A. Semester I

Major 2 – Practical of Psychology I

(To be implemented from 2024 – 25)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to –*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (Major in Psychology)
Course Code	BA1HUPST2
Course Name	Psychology Practical I
No. of Credits	03 (Lecture – 0, Tutorial – 0, Practical – 6)
Teaching Hours	90 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 30</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 20</i>) = 100 marks (Min passing marks – 30 + 20 = 50)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Basic understanding of psychology • How to conduct the practical

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Course Outcomes:

Course Outcomes

The students will be able to:

- | | |
|-------------|---|
| CO 1 | Identify and explain the principles behind experiments like habit interference, serial learning etc understanding their relevance in psychological research. |
| CO 2 | Conduct practical experiments such as the Alexander Pass-Along Test (Laboratory and Field) and Case Study, showcasing the application of psychological research techniques. |
| CO 3 | Critically examine cognitive processes like attention and memory through experiments. |
| CO 4 | Prepare psychological report skillfully. |

Syllabus:

Contents

Practical

Any Nine Tests or Experiments

1. Habit Interference: To study the effect of habit on the performance of the subject.
2. Substitution Learning : Studying association formation in letter-number alternative learning
3. Concept Formation: The experimental study of the process of concept formation
4. Muller Lyer Illusion: To conduct a comparative study of how two types of paths, simple(irregular) and complex (regular,)maze learning are studied by the subject.
5. Recall and Recognition :To conduct a comparative study of perception measurement methods of recall and recognition
6. Division of Attention: To experimentally study the possibility of performing two simple actions independently
7. Knowledge of Result: T o study the impact of knowledge of the consequences given to the subject on the learning.
8. Alexander Pass-Along Test (Laboratory): Measuring the intelligence of the subject through the Pass Along IQ Test
9. Alexander Pass-Along Test (Field): Measuring the intelligence of the subject through the Pass Along IQ Test
10. Bilateral Transfer: To study the effect of skill acquisition by a subject with the untrained hand(on the same type of task performed with the untrained hand after training)
11. Depth Perception: To study the comparison of binocular and monocular with the help of Depth Perception Apparatus.
12. Memory Span Digit: Determining the subjects memory class about digits
13. Span of Attention: To conduct a study of the field of view used for organized and unorganized points.
14. Retroactive Inhibition: To study the effect of subsequent study or intervention on the retention of the study.
15. Goal Setting Behaviour: To study the impact of success and failure on goal setting.

Textbooks / Reference Books:

- 1 Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalpure Pub. Nagpur
- 2 Baran, R. A. (1995): Psychology: The Essential Science, New Delhi,

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- Allyn and Bacon.
3 Nimbalkar, K.P.(2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha.
4 Amruta Bhuskute (2024) “मानसशास्त्राची मुलतत्वे-भाग १ .पिंपळपुरे प्रकाशन ,नागपूर.

Evaluation Pattern:		
S. No	Theory	CIE
1.	Conduct of Experiment/Test{External Examiner) = 15 Marks	Online and Offline classroom participation of the student = 10 Marks
2.	Report to Experiment/Test{Internal Examiner) = 15 Marks	An assignment based on curriculum = 10 Marks
3.	Viva-Voce{Test/Experiment){External Examiner) =15 Marks	Subject wise class tests = 10 Marks
4.	Record Book (Internal Examiner) =15 Marks	Performance Based Activities conducted by the teacher concerned / Viva voce = 10 Marks
Total: 60 Marks		Total: 40 Marks



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B A Semester I

VSC – Assistant for Basics Psychological Assessment

(To be implemented from 2024 – 25)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B. A Semester I – Psychology
Course Code	BA1HUPSVSC1
Course Name	Assistant for Basics Psychological Assessment
No. of Credits	02 (Lecture – 0, Tutorial – 0, Practical – 2)
Teaching Hours	60 hours (One hour duration each)
Evaluation Scheme	50 (Activities – <i>Min passing marks - 25</i>) + 50 (Continuous Internal Examination – <i>Min passing marks - 25</i>) = 100 marks (<i>Min passing marks – 25 + 25 = 50</i>)
Group under NEP scheme	Vocational Skills Course (VSC) 1
Pre-requisites for the course	• Basic understanding of vocational courses • How to conduct activities

Course Outcomes:

	<i>The students will be able to:</i>
CO 1	Identify the nature of learning disabilities, including their causes, types, and interventions, and explain their impact on education and development.
CO 2	Illustrate the use of memory improvement techniques, such as chunking, flashcards, and mnemonics, to facilitate effective learning.
CO 3	Assess the efficiency of activities like reading comprehension, brain games and compare their effectiveness in improving memory and supporting students with learning disabilities.

Syllabus:

Contents & Hours

Unit I	Learning Disabilities: Concept, Causes, Types, diagnosing LD
Unit II	Intervention for Learning Disability: Early Intervention, Specific Educational Strategies, Therapies, Support System Memory Improvement: Use Mnemonics Rhymes, Chunking, Play Brain Games, Make Flash Cards; Yoga and Mindfulness.
Practical	1. Reading Comprehension: student have to read case studies related learning disabilities 2. Simple Math Addition and Subtraction: students have to solve simple addition and subtraction worksheet 3. Dodging: students understand how skip the number and call next number 4. Deep Breathing Exercise: students have to take deep breath and focus on the breathing 5. Identified Shape: students have to how recognized from the drawing pattern 6. Peg Words: students memorize difficult words by given list of the word 7. Acronyms: students give the full form of initial letters of word. For example: NEWS: North, East, West and South 8. Paper Craft: students perform simple paper folding activity and make a pattern 9. Identified Mirror Image: students need observation skill 10. Working Memory: students should prepare activities on working memory.
Textbooks / Reference Books:	1. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalpure Pub. Nagpur 2. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon. 3. Nimbalkar, K.P.(2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha.

Evaluation Pattern:

S. No	Activities	CIE
1.	Reading Comprehension	1. Peg Words
2.	Simple Math Addition and Subtraction	2. Acronyms
3.	Dodging	3. Paper Craft
4.	Deep Breathing Exercise	4. Identified Mirror Image
5.	Identified Shapes	5. Working Memory
	Total: 50 Marks	Total: 50 Marks



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B. A. Semester I Human Behaviour from IKS Perspectives (To be implemented from 2024 – 25)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

- PO 1: Critical Thinking
PO2: Effective Communication
PO 3: Social Interaction

- PO 4: Effective Citizenship
PO 5: Ethics
PO 6: Environment and Sustainability
PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to–*

- PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.
PSO2: Apply different counselling approaches by demonstrating
PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.
PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B. A Semester I – Psychology
Course Code	BA1HUPSIKS
Course Name	Human Behaviour from IKS Perspectives
No. of Credits	02 (Lecture – 2, Tutorial – 0, Practical – 0)
Teaching Hours	30 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	IKS
Pre-requisites for the course	• Interest in human behavior • Being inquisitive about psychological study

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Course Outcomes:

Course Outcomes	
<i>The students will be able to:</i>	
CO 1	Define the Nature of Indian Psychology and concept of personality & development of Individual
CO 2	Understand how one's Mental Health could be achieved through Indian Perspective
CO 3	Summarize basic concept of human behavior from Indian Knowledge System Perspectives

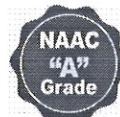
Syllabus:

Contents

Unit I	Introduction To Indian Psychology
	- Meaning, Nature & Scope of Indian Psychology - Sources & Development of Indian Psychology - Difference between Western and Indian Psychology - Indian Psychology & Positive Psychology
Unit II	Differences In The Worldview
	- Triguna Theory and Personality Development - Concept of Panchkosh - Patanjali's Ashtangyog - The Goals and Values of Life - Purushārtha Achieving Mental Health through Indian Perspective (Practising Pranayam, Yog& Meditation, Practising Mindfulness, Ayurveda for Mental Health)
Textbooks / Reference Books:	- Cornelissen, M., Misra, G., &Varma, S. (2011a). Foundations of Indian Psychology: Theory. New Delhi: Pearson Education. (Volume 1). - Cornelissen, M. Misra, G. &Varma, S. (2011b). Foundations of Indian Psychology: Application. New Delhi: Pearson Education. (Volume 2). - Misra, G &Mohanty A. K. (2002) (Eds.), Perspectives on Indigenous Psychology (PP. 79-108) New Delhi: Concept Publication Company.

Evaluation Pattern:

S. No	Theory	CIE
1.	LAQs with internal choice from Unit 1 = 16 Marks	Online and Offline classroom participation of the student = 10 Marks
2.	LAQs with internal choice from Unit 2 = 16 Marks	An assignment based on curriculum = 10 Marks
3.	LAQs with internal choice from Unit 3 = 16 Marks	Subject wise class tests = 10 Marks
4.	Three Short Notes of 4 marks or 6 VSAQs of two marks or 12 MCQs of 1 marks all three units with no internal choice = 12 Marks	Performance Based Activities conducted by the teacher concerned / Viva voce = 10 Marks
Total: 60 Marks		Total: 40 Marks



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B. A. Semester II

Major 3 – Basic of Psychology II

(To be implemented from 2024 – 25)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to–*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B. A Semester II – Psychology
Course Code	BA2HUPST3
Course Name	Basic of Psychology II
No. of Credits	03 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Interest in human behavior • Being inquisitive about psychological study
Course Outcomes:	
	Course Outcomes <i>The students will be able to:</i>



CO 1	Define the concept of motives and emotions.
CO 2	Distinguish between different the personality and intelligence aspects.
CO 3	Associate scope of psychology in the different aspects of life.
CO 4	Correlate the concept of all fundamental psychology with human behavior
Syllabus: Contents & Hours	
Unit I	Psychological Processes • Motivation Definition: Meaning, Concept of homeostasis, Types of motives: Physiological, Psychological, Social, Motivational Conflicts. • Emotion- Definition, Types (Wheel of Emotions), Correlates: internal and external, Concept of Emotional Intelligence. • Theories of Motivation and Emotion: Maslow's theory of Hierarchy of Motives; James-Lange; Cannon-Bard; Schachter-Singer and Cognitive Appraisal Theory Activities: • Level of Aspiration • Achievement Motivation Test • Test on Emotional Intelligence
Unit II	Personality and Intelligence • Personality- Definition, Concept, Types and Traits; Determinants of Personality, Theories of Personality- Psychoanalytic: Freud, Psycho-Social: Erikson, Humanistic: Rogers. • Intelligence -Definition, Heredity, environment and intelligence; Theories of Intelligence- Gardner's theory, Guilford's SOI model, Cattell Theory. Types of Intelligence Tests, Concept & Calculation of Intelligence Quotient, Mental Age, Chronological Age, Distribution of IQ in population. Creativity: Definition, Stages of Creativity. • Assessment of Intelligence and Personality Activities: • Koh's Block Test • Personality Inventory • Type A/B Personality
Unit III	Emerging Areas in Psychology • Psychology for Education & Career: School & Educational Psychology, Career Counseling, • Psychology at Workplace: Organizational & Industrial Psychology, OD, OB, HRM Work- Stress and Health Issues, Work-Life Balance • Psychology for Families: Child Psychology, Developmental Psychology, Premarital Counselling Psychology Activities: • Job Satisfaction • Work Motivation Questionnaire • Test on Emotional Maturity

Textbooks / Reference Books:	5. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalpure Pub. Nagpur 6. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon. 7. Nimbalkar, K.P.(2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha. 8. AmrutaBhuskute (2024) “मानसशास्त्राची मुलतत्वे भाग-2 . नागपूर , पिंपळपुरे प्रकाशन
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Evaluation Pattern:		
S. No	Theory	Practical
1.	LAQs with internal choice from Unit 1 = 16 Marks	Online and Offline classroom participation of the student = 10 Marks
2.	LAQs with internal choice from Unit 2 = 16 Marks	An assignment based on curriculum = 10 Marks
3.	LAQs with internal choice from Unit 3 = 16 Marks	Subject wise class tests = 10 Marks
4.	Three Short Notes of 4 marks or 6 VSAQs of two marks or 12 MCQs of 1 marks all three units with no internal choice = 12 Marks	Performance Based Activities conducted by the teacher concerned / Viva voce = 10 Marks
	Total: 60 Marks	Total: 40 Marks



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B. A. Semester II

Major 4 – Practical of Psychology II

(To be implemented from 2024 – 25)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to–*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (Major in Psychology)
Course Code	BA2HUPST4
Course Name	Psychology Practical II
No. of Credits	03 (Lecture – 0, Tutorial – 0, Practical – 6)
Teaching Hours	90 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 30</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 20</i>) = 100 marks (Min passing marks – 30 + 20 = 50)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Interest in psychological studies • Assimilate with conducting practical and theory
	Course Outcomes <i>The students will be able to:</i>
CO 1	Estimate experimental design, precaution and introspection
CO 2	Examine intellectual levels of subject on the basis of conduction of Intelligence Test
CO 3	Interpret observation and test score more efficiently.

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CO 4 Prepare psychological reports, analysis and conclusions skillfully.

Syllabus:		Contents
Practical	Any Nine Tests or Experiments	
	1. Level of Aspiration: To find out the level of aspiration of the subject 2. Test on Mental Health: To study mental health of the subject with the help of Mental Health Test 3. Test on Well Being: To measure the level well being of the subject. 4. Achievement Motivation Test: To find out the achievement motivation of the subject with the help of Achievement Motivation Test 5. Test on Emotional Intelligence: To measure the impact of emotional Intelligence on the subject. 6. Koh's Block Design: To find out the IQ of the subject on the Alexander Passalong Test. 7. Work Motivation Questionnaire: To study effect of work motivation on the subject with the help of Work Motivation Questionnaire 8. Job Satisfaction 9. Personality Inventory: To study the personality of the subject through the Modaleys Personality Inventory 10. Type A/B Personality: To Measure the type A/B Personality of the subject through A/B Personality Test 11. Test on Emotional Quotient: To measure the emotional quotient of the subject 12. Test on Emotional Maturity: To study the impact of Emotional Maturity Test on the subject 13. Free Association: To understand the chain of the thoughts in the mind of the subject and those things which generally influence him 14. Method of Limits: To measure the threshold values of a person's pain thresholds using the threshold method 15. Reaction Time: To find out how much time the subject takes in showing reaction to a Reaction Time Apparatus.	
Textbook s / Referenc e Books:	1. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalapure Pub. Nagpur 2. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon. 3. Nimbalkar, K.P.(2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha. 4. AmrutaBhuskute (2024) “मानसशास्त्राची मुलतत्वे भाग-2पिंपळपुरे . नागपूर ,प्रकाशन	
Evaluation Pattern:		
S. No	Theory	Practical
1.	Conduct of Experiment/Test(External Examiner) = 15 Marks	Online and Offline classroom participation of the student = 10 Marks
2.	Report to Experiment/Test(Internal Examiner) = 15 Marks	An assignment based on curriculum = 10 Marks
3.	Viva-Voce(Test/Experiment)(External Examiner) =15 Marks	Subject wise Class Tests = 10 Marks
4.	Record Book (Internal Examiner)=15 Marks	Performance Based Activities conducted by the teacher concerned / Viva voce = 10 Marks
Total: 60 Marks		Total: 40 Marks



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B A Semester II

VSC – Behavioral Interventionist

(To be implemented from 2024 – 25)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B. A Semester II – Psychology
Course Code	BA2HUPSVSC2
Course Name	Assistant for Basics Psychological Assessment
No. of Credits	02 (Lecture – 0, Tutorial – 0, Practical – 2)
Teaching Hours	60 hours (One hour duration each)
Evaluation Scheme	50 (Activities – <i>Min passing marks - 25</i>) + 50 (Continuous Internal Examination – <i>Min passing marks - 25</i>) = 100 marks (Min passing marks – 25 + 25 = 50)
Group under NEP scheme	Vocational Skills Course (VSC) 2
Pre-requisites for the course	• Interest in psychological studies • Assimilate with conducting practical and theory
Course Outcomes:	
	Course Outcomes <i>The students will be able to:</i>
CO 1	Choose an appropriate techniques of behavior modification

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CO 2	Evaluate the effect of behavior modification reapplying (device, plan evaluation and change)	
CO 3	Prepare various behavior modification techniques for behavior improvement	
Syllabus: Contents		
Unit I	Behavior Modification: Define of Behavior Modification; Scope of Behavior Modification; Principles of Behavior Modification: Conditioning, Punishment, Reinforcement, and Extinction.	
Unit II	Techniques: Aversive Conditioning, Systematic Desensitization, Token Economy, Biofeedback.	
Practical	1. Eye-Hand Co-Ordination Activity: students have to perform on coin drop into a cup and threading beads. 2. Clay: moulding a clay and make different shapes from it. 3. DIY Project: draw a picture in the frame 4. Anecdotal Frame: Note Writing 5. Activity Reinforces: give rewards for desirable behaviour 6. Autobiography: write self experience in it 7. Systematic Desensitization: Autogenic Relaxation, Progressive Muscle Relaxation, Visualization. 8. Token economy: make a tokens for reward 9. Story Telling: tell a story through reading material 10. Behaviour Modification Techniques: fading undesirable behaviour	
Textbooks / Reference Books:	1. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalapur Pub. Nagpur 2. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon. 3. Nimbalkar, K.P. (2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha.	
Evaluation Pattern:		
S. No	Activities	CIE
1.	Eye-Hand Co-Ordination Activity	1. Autobiography
2.	Jigsaw Puzzle or Clay	2. Systematic desensitization: Autogenic Relaxation, Progressive muscle Relaxation, Visualization.
3.	DIY Project	3. Token economy
4.	Anecdotal Record	4. Story Telling
5.	Activity Reinforces	5. Behaviour Modification Techniques
Total: 50 Marks		Total: 50 Marks



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B A Semester II

SEC – Data Collection through Psychological Method

(To be implemented from 2024 – 25)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B. A Semester II – Psychology
Course Code	BA2HUPSSEC2
Course Name	Data Collection through Psychological Method
No. of Credits	02 (Lecture – 0, Tutorial – 0, Practical – 2)
Teaching Hours	60 hours (One hour duration each)
Evaluation Scheme	50 (Activities – <i>Min passing marks - 25</i>) + 50 (Continuous Internal Examination – <i>Min passing marks - 25</i>) = 100 marks (<i>Min passing marks - 25 + 25 = 50</i>)
Group under NEP scheme	Skill Enhance Course (SEC) 2
Pre-requisites for the course	• Interest in psychological studies • Assimilate with conducting practical and theory

**Course Outcomes:****Course Outcomes***The students will be able to:*

- CO 1** Understand the processes of developing primary tool for data collection
- CO 2** List the technique data collection, sorting of data and report
- CO 3** Summarize different methods of data collections.

Syllabus:**Contents**

Unit I	Psychological Tools for Data Collection: Briefing of various psychological methods (focus on case study, questionnaire, interview method). Developing basic tool of data collection. Students (in group of 3) will identify a topic for data collection. Students group will choose one of the three methods for data collection namely case study/ questionnaire/ interview method. Students will list down statements/ questions/ items for data collection with reference to the method they have chosen
Unit II	Data Collection: Sorting of Data and Report, Data collection through given psychological methods. Sorting and tabulation of the data Report Writing: students will do data collection and tabulation as an group activity, individual reports/ presentation based on the process of data collection, problems encountered, learning outcomes and data collected will be mandatory for all the students
Practical	1. Questionnaire: students learn how to develop questionnaire 2. Interview Method: students have take interview. 3. Anxiety Test: students have to understand how to conduct practical 4. Case Observation: students have observe the subject while conducting practical 5. Data Collection: students collect the data from the classroom activities 6. Select the Topic for Data Collection: student select their interest topic for data collection 7. Field Data Collection: after finalizing the topic for data collection, they collect data from outside 8. Sorting Data: after completion data collection, students have to sort the data 9. Computation of the Data: students compute the data manually and done scoring. 10. Report Writing: the last step is report writing, here they have to mention different steps of report writing
Textbooks / Reference Books:	1. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalpure Pub. Nagpur 2. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon. 3. Nimbalkar, K.P. (2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha.

Evaluation Pattern:

S. No	Activities	CIE
1.	Questionnaire	1. Select Topic for Data Collection
2.	Interview Method	2. Field Data Collection (Outdoor)
3.	Anxiety Test	3. Sorting Data
4.	Case Observation	4. Computation of the Data
5.	Data Collection (Indoor)	5. Report Writing
Total: 50 Marks		Total: 50 Marks

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B. A. Semester III

Major 5 – Applied Social Psychology

(To be implemented from 2025 – 26)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to–*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B. A Semester III – Psychology
Course Code	BA3HUPST5
Course Name	Applied Social Psychology
No. of Credits	03 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Interest in human behavior • Being inquisitive about psychological study
Course Outcomes:	

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Course Outcomes <i>The students will be able to:</i>	
CO 1	Examine how factors such as conformity, prejudice, social roles and norms impact behaviour and evaluate empirical studies in varied social contexts.
CO 2	Design program of practical intervention, awareness campaign or educational workshop to challenge stereotypes and promote inclusive attitudes in a selected population
CO 3	Apply theoretical knowledge to interpret and explain aggressive behaviour in real life contexts such as media influence, bullying or domestic violence
CO 4	Execute theoretical knowledge to understand and propose interventions for problems such as aggression, prejudice, discrimination and pro-social behaviour
Syllabus: Contents & Hours	
Unit I	Introduction to Social Psychology • Meaning of Social Psychology, Brief history of Social Psychology, Scope of Social Psychology, Goals of Social Psychology, Levels of Social Behaviour • Social Perception –Meaning & Types of Self Concept, Self Esteem, Concept of Attribution, Fundamental Attribution Error. • Socialization: Importance and Process Activities: • Social Intelligence Scale • Values Test • Self Concept Test
Unit II	Attitude & Prejudice: • Attitude: Definition, Formation of Attitude. Theories: Balance theory, Cognitive Dissonance Theory. • Prejudice: Nature and Determinants of Prejudice, Reduction of Prejudice, Manifestation of Prejudice: Lynching, Bullying • Social Problems: Gender Discrimination, Violence Against Women; Mass Media - Effect on group and one's behaviour Activities: • Prejudice Scale • Test of Attitude Measure • Raven Progressive Matrices

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Unit III	UNIT 3 PRO-Social Behaviour, Aggression & Violence • Pro-Social Behaviour: Personal, Situational and Socio-cultural determinants of Pro-Social Behaviour, Bystander Effect, how to improve pro-social behaviour. • Aggression & Social Violence: Nature, types of violent behaviour, Determinants of Aggression, Theories of Aggression: (Biological, Instinct, Social Learning), Anger management. • Group Behaviour: Nature of group, Group Formation & Function. Activities: • Aggression Scale • Adjustment Inventory • Test on Social Conformity	
Textbook s / Reference Books:	1. Baron, R. A., Byrne, D. & Bhardwaj, G. (2010): Social Psychology (12th Ed). New Delhi, Pearson Chadha, 2. N.K. (2012): Social Psychology, McMillan, New Delhi 3. Misra, G. (1990): Applied Social Psychology, New Delhi, Sage 4. Sadhana, Naatu., Aplnana, Vaidya., and ansi Rajhans (2012) Publication Pearson 5. Inamdar, M., Gadekar, K., & Patil A. (2014) “Samajik Mansshastra” Diamond Publication Pune.	
Evaluation Pattern:		
S. No	Theory	CIE
1.	LAQs with internal choice from Unit 1 = 16 Marks	Online and Offline classroom participation of the student = 10 Marks
2.	LAQs with internal choice from Unit 2 = 16 Marks	An assignment based on curriculum = 10 Marks
3.	LAQs with internal choice from Unit 3 = 16 Marks	Subject wise Class Tests = 10 Marks
4.	Three Short Notes of 4 marks or 6 VSAQs of two marks or 12 MCQs of 1 marks all three units with no internal choice = 12 Marks	Performance Based Activities conducted by the teacher concerned / Viva voce = 10 Marks
	Total: 60 Marks	Total: 40 Marks

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B. A. Semester III

Major 6 – Practical of Psychology III

(To be implemented from 2025 – 26)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to—*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (Major in Psychology)
Course Code	BA3HUPST6
Course Name	Practical of Psychology III
No. of Credits	03 (Lecture – 0, Tutorial – 0, Practical – 6)
Teaching Hours	90 hour (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 30</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 20</i>) = 100 marks (Min passing marks – 30 + 20 = 50)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Basic understanding of social psychology • Interest in human behaviour, critical thinking ability and ethical sensitivity

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Course Outcomes:	
	<i>The students will be able to:</i>
CO 1	Recall and define key concepts, theories and terminology related to social psychology
CO 2	Explain the influence of social and cultural factors on individual and group behaviour using foundational social psychology theories
CO 3	Apply principles of social psychology to analyze real world social issues such as prejudice, group conflict
CO 4	Critically evaluate research studies in social psychology and assess their relevance to contemporary problems
Syllabus:	Contents
Practical	1. Aggression Scale: To measure the aggression of the subject through Aggression Scale 2. Social Maturity Scale: To study social maturity of the subject with the help of Social Maturity Scale 3. Raven Progressive Matrices: To find out the IQ level of the subject through Raven Progressive Matrices 4. Prejudice Scale: To measure the prejudice of the subject with the help of Prejudice Scale 5. Test of Attitude Measure: To measure the attitude of the subject through Test of Attitude Measure 6. Self Concept Scale: To study the self concept of the subject through Self Concept Scale 7. Social Intelligence Scale: To find out the SQ level of the subject through Social Intelligence Scale 8. DAT: To study different aptitude of the subject with the help of DAT 9. Adjustment Inventory: To find out the level of adjustment of the subject with the help of Adjustment Inventory 10. Emotional Competencies: To study the impact emotional competencies of the subject through Emotional Competencies Scale 11. Perception: To study the sensory organization of external stimuli 12. Maze Learning: To conduct a comparative study of how the two types of strategies simple (irregular) and complex (regular) are studied by the subject. 13. Frustration Test: To measure the level of frustration of the subject. 14. Test of Social Conformity: To study the social conformity of the subject. 15. Values Test: To measure the values of the subject with the help of Values Test.
Textbooks / Reference Books:	5. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalpure Pub. Nagpur 6. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon. 7. Nimbalkar, K.P. (2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha.

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Evaluation Pattern:		
S. No	Theory	CIE
1.	Conduct of (Experiment/Test) (External Examiner) = 15 Marks	Online and Offline classroom participation of the student = 10 Marks
2.	Report to (Experiment/Test) (Internal Examiner)= 15 Marks	An assignment based on curriculum = 10 Marks
3.	Viva-Voce(Test/Experiment) (External Examiner) = 15 Marks	Subject wise Class Tests= 10 Marks
4.	Record Book(Internal Examiner)= 15 Marks	Performance Based Activities conducted by the teacher concerned / Viva voce = 10 Marks
	Total: 60 Marks	Total: 40 Marks

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B A Semester III

VSC – Psychosocial Adviser

(To be implemented from 2025 – 26)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B. A Semester III – Psychology
Course Code	BA3HUPSVSC3
Course Name	Psychosocial Adviser
No. of Credits	02 (Lecture – 0, Tutorial – 0, Practical – 2)
Teaching Hours	60 hours (One hour duration each)
Evaluation Scheme	50 (Activities – <i>Min passing marks - 25</i>) + 50 (Continuous Internal Examination – <i>Min passing marks - 25</i>) = 100 marks (Min passing marks – 25 + 25 = 50)
Group under NEP scheme	Vocational Skills Course (VSC)
Pre-requisites for the course	• Basic understanding of vocational courses • How to conduct activities

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	Course Outcomes <i>The students will be able to:</i>	
CO 1	Apply to motivate people to work together co-operatively and productively	
CO 2	Highlight emotions of own self and others	
CO 3	Distinguish between different self and emotional.	
Syllabus: Contents		
Unit I	A. Understanding One's Self and Emotions B. Understanding other's and their Emotions (Johari Window and Transactional Analysis)	
Unit II	A. Anger Management B. Emotional Management	
Practical	1. Case History: Students gather and analyze information about a patient's background, symptoms, and experience to understand their condition and develop appropriate care plan. 2. Brainstorming: Students actively generate and share their ideas related to specific topic or problem. 3. Group Discussion: Students engage in structure conversations to share and express ideas, opinions, and learn from each other's perspectives on a specific topic. 4. Measuring Anger: Student will measuring anger through the anger scale. 5. Meditation: training the mind to focus on a specific object, or breathe. 6. Anger Management: Students learn to identify anger triggers, understand their anger responses and develop healthy coping strategies to manage their emotion effectively. 7. Backward Counting: Students due to backward counting learn mindfulness practice, helping to interrupt over thinking. Manage anger regain focus. 8. Emotional management: Students learn to draw various emotion chart and recognizing their own emotions, thoughts, and behaviours. 9. Breathing Exercise: Concentrate on breathing 10. Pedigree Chart: Students draw (represent) family's history tracking the inheritance of specific traits or genetic conditions across generations.	
Textbooks / Reference Books:	4. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalapure Pub. Nagpur 5. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon. 6. Nimbalkar, K.P.(2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha.	
Evaluation Pattern:		
S. No	Activities	CIE
1.	Case History	1. Anger Management
2.	Brainstorming	2. Backward Counting
3.	Group Discussion	3. Emotional Management
4.	Measuring Anger	4. Breathing Exercise
5.	Mediation	5. Pedigree Chart
Total: 50 Marks		Total: 50 Marks

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B. A. Semester III

Major – Field Project

(To be implemented from 2025 – 26)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to–*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B. A Semester III – Psychology
Course Code	BA3HUPSFP1
Course Name	Applied Social Psychology
No. of Credits	02 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	
Group under NEP scheme	Major Core
Pre-requisites for the course	•
Course Outcomes:	

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Course Outcomes <i>The students will be able to:</i>	
CO 1	Identify real-world issues or community needs relevant to the field of study
CO 2	Apply appropriate research methods and fieldwork techniques to gather and document data effectively.
CO 3	Analyze the collected data to interpret patterns, challenges and opportunities related to the project goals
CO 4	Develop practical, evidence-based solutions or interventions based on field findings
Syllabus: Contents	
Topics	- परीक्षेचे ताण आणि त्याचे मानसिक आरोग्यावर होणारा परिणाम SDG 3 Good Health and Well-being - मानसिक आजारांविषयी गैरसमज आणि त्यावरील जनजागृती SDG 3 Good Health and Well-being - विद्यार्थ्यांमध्ये आत्महत्येचे वाढते प्रमाण कारणे आणि प्रतिबंध SDG 4 Quality Education - किशोरवयीन मुलांमधील सोशल मिडिया वापरावर नियंत्रण कसे ठेवावे पालकांची भूमिका SDG 3 Good Health and Well-being - शिक्षकांच्या भावनिक बुद्धीमतेचा त्यांच्या अध्यापन कार्यक्षमतेवर होणारा परिणाम SGD3: Good Health and Well-being - महिला व पुरुष शिक्षकांमध्ये भावनिक बुद्धीमतेचा फरक: एक विश्लेषण SDG 5: Gender Equality - महाविद्यालयीन विद्यार्थ्यांसाठी चिंता/नैराश्यांसाठी असणारे गैरसमज आणि मदत मागणाऱ्या वर्तनाचा अभ्यास करा. SDG 3: Good Health and Well-being - आदिवासी किंवा कमी उत्पन्न असलेल्या मराठी तरुणामध्ये भावनिक कल्याण-आर्थिक तानातानाचा परिणाम SDG 10: Reduces Inequalities - किशोरवयीन मानसिक आरोग्य समर्थनासाठी मराठी भाषेतील चाटबोट प्रोटोटाईप डीझाईन करणे SGD 9: Industry, Innovation and Infrastructure
Evaluation Pattern:	
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B. A. Semester III Minor 1 – General Psychology I (To be implemented from 2024 – 25)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

- PO 1: Critical Thinking
PO2: Effective Communication
PO 3: Social Interaction

- PO 4: Effective Citizenship
PO 5: Ethics
PO 6: Environment and Sustainability
PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to–*

- PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.
PSO2: Apply different counselling approaches by demonstrating
PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.
PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B. A Semester III – Psychology
Course Code	BA3HUPSMI1
Course Name	General Psychology I
No. of Credits	03 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Minor
Pre-requisites for the course	• Interest in human behaviour • Being inquisitive about psychological study

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	Course Outcomes <i>The students will be able to:</i>
CO 1	Relate psychological methods like introspection, observation, and case studies in practical scenarios to understand human behaviour.
CO 2	Summarize all major concepts of fundamental psychology.
CO 3	Compare various learning methods and stages of memory.
CO 4	Determine how we perceive the world and responds according.
Syllabus: Contents	
Unit I	INTRODUCTION TO PSYCHOLOGY AND ITS DEVELOPMENT • Psychology: Definitions, Goals and Historical background of psychology. • Approaches of psychology: Behaviorism, Cognitive, Biological, Psychoanalytic, Humanistic • Methods of psychology: Introspection, Observation, Questionnaire, Interview, Case Study, Experimental; Applications of Psychology Activates: • Habit Interference • Serial Learning
Unit II	COGNITIVE PROCESSES I • Attention: Meaning, Types of Attention: Selective, Habitual Attention, Division of Attention, determinants of attention. • Thinking: Components of thinking, Types of thinking: Decision Making and factors affecting on decision making • Sensation: Process and Introduction to Five Senses. Perception: Figure and Background, Laws of Perceptual Organization, Role of attention in perception. Activities: • Division of Attention • Muller-Lyer Experiment
Unit III	COGNITIVE PROCESSES II • Learning: Meaning, Types, Thorndike's Laws of Learning, Methods: Conditioning, Operant, Observational, Insight, Latent. Learning disability: Dyslexia, Dysgraphia, dyscalculia and Slow learners • Memory: Meaning, Process-Encoding-Storage-Retrieval, Stages- Sensory-Short Term- Long Term. Types of Long-Term Memory: Implicit: Non-Declarative, Procedural; Explicit: Declarative, Episodic, Semantic. • Forgetting: Meaning and Causes; Memory Improvement Techniques

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	Activities: - Recall and Recognition - Acronyms	
Textbooks / Reference Books:	9. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalapure Pub. Nagpur 10. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon. 11. Nimbalkar, K.P.(2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha. 12. AmrutaBhuskute (2024) “मानसशास्त्राची मुलतत्वे-भाग १ . पिंपळपुरे प्रकाशन ,नागपूर.	
Evaluation Pattern:		
S. No	Theory	CIE
1.	LAQs with internal choice from Unit 1 = 16 Marks	Online and Offline classroom participation of the student = 10 Marks
2.	LAQs with internal choice from Unit 2 = 16 Marks	An assignment based on curriculum = 10 marks
3.	LAQs with internal choice from Unit 3 = 16 Marks	Subject wise Class Tests = 10 Marks
4.	Three Short Notes of 4 marks or 6VSAQs of two marks or 12 MCQs of 1 marks all three units with no internal choice = 12 Marks	Performance Based Activities conducted by the teacher concerned / Viva voce = 10 Marks
	Total: 60 Marks	Total: 40 Marks

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Shri Binzani City College

Near Sakkardara Square, Umrer Road, Nagpur

(An Autonomous Institution affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur)

B. A. Semester IV

Major 7 – Organizational Psychology

(To be implemented from 2025 – 26)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to–*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B. A Semester IV – Psychology
Course Code	BA4HUPST7
Course Name	Organizational Psychology
No. of Credits	03 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Major
Pre-requisites for the course	• Basic understanding of organizational structure, human resources management • Awareness about teamwork and leadership qualities
Course Outcomes:	

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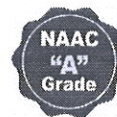
	Course Outcomes <i>The students will be able to:</i>
CO 1	Test individual and group behaviour within organizational to identify factors affecting job satisfaction, productivity and organizational commitment
CO 2	Explain key concepts such as personality, perception, attitudes, motivation and group dynamics within the context of organizational behaviour
CO 3	Correlate how different leadership approaches influence employee motivation, communication, conflict resolution and organizational
CO 4	Evaluate the reliability, validity and applicability of various psychological tests and techniques used in recruitment, performance appraisal and training
Syllabus:	Contents
Unit I	Organizational Psychology • Organizational Psychology: Definition & Nature and Development of OP • Goals of Organizational Psychology; Organizational psychology in the Indian context • Consumer behaviour: meaning and nature, principals of studying consumer behaviour Activities: • Occupational Stress Scale • Organizational Climate Inventory • Counselling Need Scale
Unit II	Organizational Behaviour • Organizational Behaviour: Definition & Goals of studying OB • Work Motivation: Concept, Theories: Maslow's Theory, Herzberg's Two factor theory, X& Y Theory, Equity Theory • Work related attitudes: Job satisfaction, Enhancing Job Satisfaction Job involvement, Organizational Commitment. Activities: • Test on Anxiety • Stress Scale • Well Being Scale
Unit III	Leadership & Communication • Leadership: Definition & Concept, Characteristics of Leader, Theories of Leadership: Fiedler's Theory, Trait Theory • Communication in Organizations: Definition, Process, Types: Verbal & Non-Verbal; Direction & Networks of Communications • Barriers in Communication, Effective Communication, Active Listening Activities: • 16 Personality Factor • Self Confidence Inventory • Constructive Imagination

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Textbook s / Referenc e Books:	1. Pandit, Kulkarni and Gore (1999) Upayojit Manasashastra, Pimpalapur Pub. Nagpur	
	2. Barve B. N (2002) “Sanghatanamatmak Vartan” Kailash Publication. Aurangabad	
	3. Nimbalkar, K.P.(2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha.	
Evaluation Pattern:		
S. No	Theory	Practical
1.	LAQs with internal choice from Unit 1 = 16 Marks	Online and Offline classroom participation of the student = 10 Marks
2.	LAQs with internal choice from Unit 2 = 16 Marks	An assignment based on curriculum = 10 Marks
3.	LAQs with internal choice from Unit 3 = 16 Marks	Subject wise class tests = 10 Marks
4.	Three Short Notes of 4 marks or 6 VSAQs of two marks or 12 MCQs of 1 marks all three units with no internal choice = 12 Marks	Performance Based Activities conducted by the teacher concerned / Viva voce = 10 Marks
	Total: 60 Marks	Total: 40 Marks

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B. A. Semester IV

Major 8 – Practical of Psychology IV

(To be implemented from 2025 – 26)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): The students will be able to–

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (Major in Psychology)
Course Code	BA4HUPST8
Course Name	Psychology Practical IV
No. of Credits	03 (Lecture – 0, Tutorial – 0, Practical – 6)
Teaching Hours	90 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 30</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 20</i>) = 100 marks (Min passing marks – 30 + 20 = 50)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Basic understanding of organizational psychology • How to conduct the practical

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Course Outcomes <i>The students will be able to:</i>	
CO 1	Identify the core concepts of organizational psychology including leadership, motivation, job satisfaction and workplace behaviour
CO 2	Compare standardized psychological tools used in organizational settings (e. g. leadership style assessment, job satisfaction sales, stress inventories)
CO 3	Measure test results and analyze patterns in employee attitudes, performance and organizational culture
CO 4	Evaluate the effectiveness of psychological assessments and propose strategies to enhance organizational effectiveness and employee well-being
Syllabus:	Contents
Practical	16. Occupational Stress Scale: To study occupational stress of the subject through Occupational Stress Scale 17. Mental Work and Fatigue: To understand the process in the efficiency in continuous mental work and fatigue on the subject. 18. Organizational Climate Inventory: To find out the organizational climate on the subject with the help of Organizational Climate Inventory 19. Verbal Intelligence Test: To measure the verbal intelligence of the subject with the help of Verbal Intelligence Test 20. Stress Scale: To study impact of the stress on the subject with the help of Stress Scale 21. Counselling Need Scale: To search the need of counselling of the subject through Counselling Need Scale 22. Locus of Control: To measure the internal and external locus of control of the subject through Locus of Control Scale. 23. Constructive Imagination: To study the impact of constructive imagination of the subject 24. Test on Anxiety: To measure the anxiety level of the subject 25. Word Association Test (Word List Method) : To study the responses of the subject on the basis of the first ideas coming in the mind as a result of stimulus-words 26. Coping Strategies Scale: To find out the different strategies of coping with the help of Coping Strategies Scale 27. Normal Probability Curve: To represent the distribution of data in a visual and statistical manner 28. 16 Personality Factor: To find out the different personality traits of the subject through 16 Personality Factor 29. Multiple Choice Problem: To find out difficult level of multiple choice with the help of Multiple Choice Problem 30. Self Confidence Inventory: To measure the self confidence of the subject with the help of Self Confidence Inventory
Textbooks / Reference Books:	8. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalapure Pub. Nagpur 9. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon.

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10. Nimbalkar, K.P.(2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha.		
Evaluation Pattern:		
S. No	Theory	Practical
1.	Conduct of (Experiment/Test) (External Examiner) = 15 Marks	Online and Offline classroom participation of the student = 10 marks
2.	Report to (Experiment/Test) (Internal Examiner)= 15 Marks	An assignment based on curriculum = 10 Marks
3.	Viva-Voce (Test/Experiment) (External Examiner) =15 Marks	Subject wise Class Tests = 10 Marks
4.	Record Book (Internal Examiner) =15 Marks	Performance Based Activities conducted by the teacher concerned / Viva voce = 10 Marks
Total: 60 Marks		Total: 40 Marks

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B. A. Semester IV

Major – COMMUNITY ENGAGE PROGRAM

(To be implemented from 2025 – 26)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to–*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B. A Semester III – Psychology
Course Code	BA4HUPSCEP1
Course Name	Community Engage Program
No. of Credits	02 (Lecture –, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	
Group under NEP scheme	Major Core
Pre-requisites for the course	•

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**Course Outcomes:**

	Course Outcomes <i>The students will be able to:</i>
CO 1	Identify and analyze local community issues related to sustainability, social equity and environmental health in alignment with relevant SGDs.
CO 2	Design and implement inclusive community engagement initiatives that address specific SGD targets and foster civic responsibility.
CO 3	Evaluate the impact of community-based interventions using qualitative and quantitative tools
CO 4	Demonstrate teamwork and leadership skills by effectively engaging with diverse stakeholders, mobilizing resources and promoting sustainable behavioural change in community

Syllabus:**Contents**

Topics	
	1. Aids Awareness Program (For High school Students), Spreading Awareness by various activities i.e. Chart Making, Sensitization Program, Flash Mob. SDG 4: Quality Education
	2. Oldage Home: Activity on social well being, Story Telling, Social interaction, Entertaining to Oldage people (Music art and craft) Underst anding their problem with empathy. SDG:11 Sustainable Cities and Community
	3. Mental Health Awareness Campaigns for youth (Library), Students can organize events or create educational materials (Pamphlet) to raise awareness about mental health and reduce stigma. SDG:16 Peace ,justice and strong institutions
	4. Organise Workshop on Stress Management. Stress management or Positive Thinking at a school/college or Community Centre Group games, Art based therapy activity relaxation technique

Evaluation Pattern:

S. No	Theory	CIE
1.		
2.		
3.		
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B. A. Semester V

Major 9 – Human Resource Management

(To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (MAJOR IN PSYCHOLOGY)
Course Code	BA5HUPST9
Course Name	Human Research Management
No. of Credits	03 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) =

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	Course Outcomes <i>The students will be able to:</i>	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy
CO 1	Identify the role of human resources manager.	PO1, PO2, PSO1, PSO2	L – 1	Remember
CO 2	Relate the individual behaviour.	PO1, PO2, PSO1, PSO3, PSO4	L – 2	Understand
CO 3	Examine the difference between training and job evaluation.	PO1, PO2, PO3, PO7, PSO1	L – 3	Apply
CO 4	Apply the HRM principles to organizational and employee related situations.	PO1, PO6, PSO1, PSO4	L-4	Analyze

Syllabus:	Contents	Tentative Allotted Periods (hours)	Allotted Marks
Unit I	Human Resource Management: • Meaning, Nature and Scope of Human Resource Management • Objectives of Human Resource Management • Role of Human Resource Management	15	20
Unit II	Individual Behavior in Organizations: • Attitude: Types, Functions and Ways of Changing Attitude • Job Satisfaction: Elements, Dimensions and Consequences of Satisfaction • Theories: Social Learning, Expectancy Theory	15	20
Unit III	Recruitment, Training and Job Evaluation: • Definition, Need, Process and Importance of Recruitment • Meaning, Purpose Types and Benefits of Training in Organizations • Nature, Scope, Process, Methods and Objectives of Job Evaluation	15	20
	Total teaching hours and marks	45	60
Practical /Activities	• Improve workplace morale activity(team building game and wellness activity) • Group Discussion • Study work environment activity (prepare questionnaire on job satisfaction stress) • Workplace stress activity • Mock Interview (Role play) students act as HR manager and candidate • Resume/CV Preparation		



**Textbooks /
Reference
Books:**

1. Pandit, Kulkarni and Gore (1999), "Manasashastra: Audhyogikani Vyavasayik Upyojan". Pimpalapure Pub. Nagpur
1. Mishra, B. S. () "Human Resource Management" Utkal University.
2. Barve, B. N. (2002) "Sanghatanatmak Vartan" Kailash Publication Aurangabad.
3. Gupta C.B.(2014).Human Resource Management, Sultan Chand & Sons
4. Aswathappa, K. (2013) Human Resource Management: Text and Cases McGraw Hill Education

Evaluation Pattern:		
S. No	Theory (60 marks)	C.I.E (40 marks)
1.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 1 = 16 marks	Activity participation = 10 marks (2 activities x 5 marks)
2.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 2 = 16 marks	Class Test = 10 marks
3.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 3 = 16 marks	Assignment = 10 marks
4.	3 Short notes of 4 marks OR 6 VSAQs of 2 marks OR 12 MCQs of 1 mark each of all 3 units with no internal choice = 12 marks	Viva voce = 10 marks
	Total: 60 marks	Total: 40 marks



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B. A. Semester V

Major 10 – Health and Positive Psychology

(To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

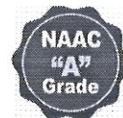
PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (Major In Psychology)
Course Code	BA5HUPST10
Course Name	Health and Positive Psychology
No. of Credits	03 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Basic understanding of health • Knowledge about positive psychology
Course Outcomes:	

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	Course Outcomes <i>The students will be able to:</i>	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy
CO 1	Outline the basic concept of health psychology.	PO2, PO3, PO7, PSO1, PSO2, PSO4	L – 1	Remember
CO 2	Summarize the characters of happiness.	PO2, PO4, PSO2, PSO4	L – 2	Understand
CO 3	Apply positive psychology principles to enhance wellbeing and resilience.	PO1, PO2, PO3, PO7, PSO2, PSO4	L – 3	Apply
CO 4	Correlate the concept of human development and psychology.	PO1, PO2, PSO2, PSO4	L-4	Analyze
Syllabus: Contents			Tentative Allotted Periods (hours)	Allotted Marks
Unit I	Introduction: • Meaning of Health Psychology; Components of Health: Social, Emotional, Cognitive and Physical Aspects • Goals of Health Psychology • Bio-Psychosocial Model of Health.	15		20
Unit II	Positive Psychology: • Historical Roots, Definition, Aim and Scope of Positive Psychology • Contribution of Abram Maslow Martin Seligman, and Albert Bandura • Meaning and Nature of Happiness, Sources of Happiness, Classification of Strength and Virtues	15		20
Unit III	Applications of Positive Psychology: • Positive Psychology at Workplace, Health & Wellness • Positive Psychology for Parenting & Schooling • Positive Psychology for Building Relationships, Family and Aging	15		20
	Total teaching hours and marks	45		60
Practical /Activities	• Life Styles and Health Behavior Survey • Relaxation Technique Practice • Enhance Positive Emotions (students write 3 things they are grateful for daily 7-10 days) • Positive Self-affirmation Exercise • Positive Experience Diary • Happiness Collage/Vision Board			

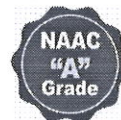
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**Textbooks /
Reference
Books:**

1. Snyder, Lopez, Pedrotti (2011) "Positive Psychology" Sage South Asia Edition (2nd Ed)
2. Positive Psychology. Mumbai University .
3. Snyder,& Lopez, (2002) "Handbook of Positive Psychology" Oxford University Press
4. Mangal S.K.&Mangal, S.(2017)"Health Psychology" PHI Learning
5. Taylor.S.E (2018)"Health Psychology "McGraw Hill Education

Evaluation Pattern:		
S. No	Theory (60 marks)	C.I.E (40 marks)
1.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 1 = 16 marks	Activity participation = 10 marks (2 activities x 5 marks)
2.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 2 = 16 marks	Class Test = 10 marks
3.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 3 = 16 marks	Assignment = 10 marks
4.	3 Short notes of 4 marks OR 6 VSAQs of 2 marks OR 12 MCQs of 1 mark each of all 3 units with no internal choice =12 marks	Viva voce = 10 marks
	Total: 60 marks	Total: 40 marks



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B. A. Semester V

Major 11 – Growth and Development of Human Being

(To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (Major In Psychology)
Course Code	BA5HUPST11
Course Name	Growth and Development of Human Being
No. of Credits	03 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Understanding of developmental theories • knowledge of individual differences
Course Outcomes:	

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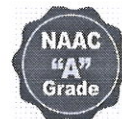
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	Course Outcomes <i>The students will be able to:</i>	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy
CO 1	Define the concept of human growth.	PO3, PO7, PSO1, PSO2	L – 1	Remember
CO 2	Associate factors of human development.	PO2, PO4, PSO2, PSO3	L – 2	Understand
CO 3	Determine different stages of development.	PO1, PO3, PO6, PSO1	L – 3	Apply
CO 4	Analyze the physical, cognitive and personality development occurring across different stages of the human lifespan.	PO1, PO6, PSO4	L-4	Analyze
Syllabus: Contents			Tentative Allotted Periods (hours)	Allotted Marks
Unit I	Introduction: • Meaning of Development and Growth • Methods of Development: Systematic Observation, Sample Behavior Method, Self Report or Personal Report • General Research Framework: Correlational Study, Experimental Study	15	20	
Unit II	Theories of Human Development: • Freud's Theory: Psychoanalytical Theory • Jean Piaget: Cognitive Development Theory • Erik Erikson: Psychosocial Theory	15	20	
Unit III	Stages of Development: • Early Childhood: Physical Development; Cognitive Development and Language Development; Middle Childhood: Cognitive Development, Moral Development and Psychological Development • Adolescence: Physical Development, Disease: Sexual Transmitted Disease, Teenage Parent; Developmental Problems in Adolescent; Adulthood: Cognitive Development, Changing Marital and Family Life, Personal Development • Middle Adulthood: Cognitive Development, Work Method, Marital and Family Relation; Late Adulthood: Origin of Old age, Physical Development, Personal Development	15	20	
	Total teaching hours and marks	45	60	
Practical/ Activities	• Developmental milestones chart • Group discussion on nature vs nurture • Case study of child/adolescence			

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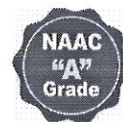
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- Moral development activity
- Defense Mechanism Identification activity
- Role play Psychosocial Conflict

Textbooks / Reference Books:	1. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalpure Pub. Nagpur 2. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon. 3. Jadhav K. M. (2007) "Vaikasik Manasshastra: Manavi Vikasache Manasshastra" Diamond Publication. 4. Herlock E.B.(1980)"Developmental Psychology A lifespan approach" McGraw-Hill 5. Santrock, J.W.(2011)"Life Span Development," McGraw-Hill
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Evaluation Pattern:		
S. No	Theory (60 marks)	C.I.E (40 marks)
1.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 1 =16 marks	Activity participation = 10 marks (2 activities x 5 marks)
2.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 2 =16 marks	Class Test = 10 marks
3.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 3 =16 marks	Assignment = 10 marks
4.	3 Short notes of 4 marks OR 6 VSAQs of 2 marks OR 12 MCQs of 1 mark each of all 3 units with no internal choice =12 marks	Viva voce = 10 marks
	Total: 60 marks	Total: 40 marks



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B. A. Semester V

Elective 1A – Organizational Behaviour Aspect 1

(To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS			
Program Name	B.A. (Major In Psychology)			
Course Code	BA5HUPSME1A			
Course Name	Organizational Behaviour Aspect 1			
No. of Credits	04 (Lecture – 4, Tutorial – 0, Practical – 0)			
Teaching Hours	60hours (One hour duration each)			
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)			
Group under NEP scheme	Major Core			
Pre-requisites for the course	• Basic knowledge about individual differences motivation and management concept • Basic understanding of group dynamics			
Course Outcomes:				
	Course Outcomes	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy
CO 1	<i>The students will be able to:</i> Retrieve the different fundamentals in the organization.	PO1, PO2, PO3, PSO1,	L – 1	Remember

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		PSO4		
CO 2	Categorize factors influencing on marketing management.	PO1, PO2, PO3 PSO1, PSO3	L – 2	Understand
CO 3	Implement leadership styles, communication and conflict management.	PO1, PO2, PO3, PSO3	L – 3	Apply
CO 4	Link organizational behaviour concepts to real-life organizational situations.	PO1, PO2, PO3 PSO3	L-4	Analyze
CO5	Divide the different aspects of organizational behaviour	PO1, PO2, PO3, PSO1, PSO3	L-4	Analyze
Syllabus: Contents			Tentative Allotted Periods (hours)	Allotted Marks
Unit I	Fundamentals of Organizational Behaviour: • Nature, Definition, Goals and Elements of Organizational Behavior • Nature of People: Individual Differences, Perception, Motivated Behavior, Desire of Involvement, Value of the Person • Models of Organizational Behavior : Autocratic Model, The Custodial Model, The Supportive Model & Collegial Model	15	20	
Unit II	Consumer Behavior: • Meaning Consumer Behavior; Consumer Behavior and Consumer Psychology; Importance of the Study of Consumer Behavior • Consumer Psychology and Marketing Management; Consumer Research • Factors Affecting Buying Behavior: Cultural and Social Factors, Psychological factors	15	20	
Unit III	Small Group Behaviour: • Meaning and Nature of Group, Types of Group, Process of Group Formation, The Schachter Study • Theories of Group Construction: Propinquity Theory, Hommes IAS Theory, Balance Theory, Exchange Theory • Group Process: Group Work & Efficiency, Decision Process, Group Leadership, Group Norms	15	20	
UNIT IV	Stress and Management of Stress: • Meaning, Nature, Mechanism and Classification of Stress			



	• Personality Types and Stress; Symptoms of Stress • Stress Management		
	Total teaching hours and marks	45	60
Practical/Activities	• Self-Perception Activity(SWOT) • Personality Assessment Activity (use personality questionnaire introvert /extrovert) • Attitude Measurement Activity (prepare attitude questionnaire attitude towards work and study) • Decision Making Activity(give a workplace scenario and students decide and justify) • Time Management Activity • Job Satisfaction Study		

Textbooks / Reference Books:	1. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalapur Pub. Nagpur 2. Barve, B. N. (2002) "Sanghtamantk Vartan" Kailash Publication Aurangabad. 3. Pandit, Kulkarni and Gore (1999) Audhyogikani Vyavasayik Upyogan" Pimpalapur Pub. Nagpur 4. Khanka, S. S. (2000) "Organizational Behavior Text and Cases" Tejpur University Assam, India. 5. Singh N.(2001)Organizational behavior concept, Theory and Practices managing people and organisations in the 21st century published by Deep & Deep publications Pvt Ltd, New Delhi. 6. Sudha G. S. (2015) "Organizational Behavior, Text, cases and Problem" published by Malik & company Jaipur
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Evaluation Pattern:		
S. No	Theory (60 marks)	C.I.E (40 marks)
1.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 1 = 16 marks	Activity participation = 10 marks (2 activities x 5 marks)
2.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 2 = 16 marks	Class Test = 10 marks
3.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 3 = 16 marks	Assignment = 10 marks
4.	3 Short notes of 4 marks OR 6 VSAQs of 2 marks OR 12 MCQs of 1 mark each of all 3 units with no internal choice = 12 marks	Viva = 10 marks
	Total: 60 marks	Total: 40 marks

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B. A. Semester V

Major Elective 1B – Organizational Behaviour Aspect 2

(To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (MAJOR IN PSYCHOLOGY)
Course Code	BA5HUPSME1B
Course Name	Organizational Behaviour Aspect 2
No. of Credits	04 (Lecture – 4, Tutorial – 0, Practical – 0)
Teaching Hours	60hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Awareness about change in organization • Basic understanding of organizational structure

Course Outcomes:

	Course Outcomes <i>The students will be able to:</i>	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy
CO 1	Define the concept, nature and scope of Organizational Psychology	PO1, PO3, PSO3	L – 1	Remember
CO 2	Relate individual behaviour in	PO1, PO2,	L – 2	Understand

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	organization	PSO1, PSO3		
CO 3	Prepare factors influencing on job analysis	PO1, PO3, PSO3	L – 3	Apply
CO 4	Explain strategies to manage change and improve work environment	PO1, PO6, PSO3	L-4	Analyze
CO5	Link the different aspects of organizational behaviour	PO1, PO6, PSO3	L-4	Analyze
Syllabus: Contents		Tentative Allotted Periods (hours)		Allotted Marks
Unit I	Evolution of Organizational Behaviour • Industrial Revolution • Scientific Management • Human Relations Movement	15	15	
Unit II	Interpersonal Behavior and Influencing Relationship: • Approaches Explaining Interpersonal Attraction • Basic Principles of Interpersonal Attraction • Forms of Interpersonal Behavior	15	15	
Unit III	Job Analysis: • Terms Related to Job Analysis • Uses of Job Analysis, Scope of Job Analysis • Methods of Job Analysis	15	15	
UNIT IV	Management Development: • Management Development • Methods of Management Development • Planning Effective Development Program	15	15	
	Total teaching hours and marks	60	60	
Practical/Activities	• Conflict Management Role Play (provide workplace conflict scenario and students resolve using avoidance, compromise, collaboration) • Organizational Structure mapping(draw chart) • Group decision making (provide problem, group will discuss and decide and compare with individual decision) • Create group task for different leadership styles • Visit to office or school for understanding organizational culture • Report writing of visit			
Textbooks / Reference Books:	1. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalpure Pub. Nagpur 2. Barve, B. N. (2002) "Sanghtamantk Vartan" Kailash Publication Aurangabad. 3. Pandit, Kulkarni and Gore (1999) Audhyogikani Vyavasayik			

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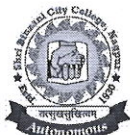
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	Upyogan" Pimpalapur Pub. Nagpur
	4. Khanka, S. S. (2000)"Organizational Behavior Text and Cases" Tejpur University Assam, India.
	5. Singh N.(2001)Organizational behavior concept, Theory and Practices managing people and organizations in the 21 st century published by Deep &Deep publications Pvt Ltd New Delhi.
	6. Sudha G. S. (2015)"Organizational Behavior, Text, cases and Problem "published by Malik& company Jaipur

Evaluation Pattern:		
S. No	Theory (60 marks)	C.I.E (40 marks)
1.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 1 = 16 marks	Activity participation = 10 marks (2 activities x 5 marks)
2.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 2 = 16 marks	Class Test = 10 marks
3.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 3 = 16 marks	Assignment = 10 marks
4.	3 Short notes of 4 marks OR 6 VSAQs of 2 marks OR 12 MCQs of 1 mark each of all 3 units with no internal choice = 12 marks	Viva = 10 marks
	Total: 60 marks	Total: 40 marks

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B. A. Semester V VSC - Developmental Quotient Assistant (To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

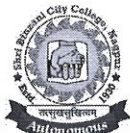
PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS										
Program Name	B.A. (MAJOR IN PSYCHOLOGY)										
Course Code	BA5HUPSVSC5										
Course Name	Developmental Quotient Assistant										
No. of Credits	02 (Lecture – 0, Tutorial – 0, Practical – 2)										
Teaching Hours	60 hours (One hour duration each)										
Evaluation Scheme	50 (Activities – <i>Min passing marks - 25</i>) + 50 (Continuous Internal Examination – <i>Min passing marks - 25</i>) = 100 marks (Min passing marks – 25 + 25 = 50)										
Group under NEP scheme	Vocational Skill Course (VSC) 4										
Pre-requisites for the course	• Knowledge about basic concepts of growth and development • Understanding development milestones										
Course Outcomes:											
	<table><tr><td></td><td>Course Outcomes <i>The students will be able to:</i></td><td>PO/ PSO Mapped</td><td>Cognitive Level</td><td>Bloom's Taxonomy</td></tr><tr><td>CO 1</td><td>Find assessment of</td><td>PO1, PO2,</td><td>L – 1</td><td>Remember</td></tr></table>		Course Outcomes <i>The students will be able to:</i>	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy	CO 1	Find assessment of	PO1, PO2,	L – 1	Remember
	Course Outcomes <i>The students will be able to:</i>	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy							
CO 1	Find assessment of	PO1, PO2,	L – 1	Remember							

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	developmental quotient	PO3, PSO1, PSO2		
CO 2	Interpret developmental delays in children use early intervention straregies.	PO1, PO2, PSO2, PSO4	L – 2	Understand
CO 3	Implement professionals in child development assessment	PO1, PO2, PSO2, PSO4	L – 3	Apply
Syllabus: Contents			Tentative Allotted Periods (hours)	Allotted Marks
Unit I	Introduction : • Meaning, Principles, Growth of Development, Domains of Development, Factors Affecting Development • Developmental Milestones: Concept, Age-wise Milestones • Developmental Quotient: Definition; Difference Between IQ & DQ	30		50
Unit II	Assessment & Identification: • Methods of Developmental Assessment; Screening Tools • Types of Development, Early Signs Role of DQ Assistant • Concept of Early Intervention, Play Therapy Basic	30		50
	Total teaching hours and marks	60		100
Practical/Activities	1. Developmental Milestone Chart: Students prepare a milestone chart 2. Growth Chart: In this activity students make growth chart and learn to record and interpret height, weight and head circumference. 3. Developmental Milestone Observation (0-5years) with Child Specialist: students observe real children in setting such as clinics or schools under expert guidance. 4. Role Play: Parent-Psychologist interaction (ask about milestones and behavior): In this activity student acts as psychologist and another as parent. 5. DQ Calculation Practice: Students learn to calculate developmental level of child using DQ. 6. Developmental History Interview: Students interact with parents to collect detailed information about the child. 7. Developmental Screening Checklist: This activity introduces screening methods used to detect developmental delay. 8. Case Identification: Based on observation and screening, students identify children who may have developmental delays (e.g. speech delay, motor delay). 9. Handgrip & Drawing task: This activity assesses fine motor development and coordination. Drawing tasks show cognitive motor skills its link with brain development.			

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		10. Documentation skill (prepare report on background , observation results and recommendations): Students prepare a structured developmental report.
Textbooks / Reference Books:	1.	Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalapur Pub. Nagpur
	2.	Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon.
	3.	Jadhav K. M. (2007) “Vaikasik Manasshastra: Manavi Vikasache Manasshastra” Diamond Publication.
	4.	Herlock E.B.(1980) Developmental Psychology A Lifespan Approach McGraw-Hill
	5.	Mangal S.K.(2007) Child Development, Sterling Publishers
	6.	Sattler, J.M.(2008) Assessment of Children Cognitive Foundations, Jerome M.sattler Publisher
Evaluation Pattern:		
S. No	Theory (60 marks)	C.I.E (40 marks)
1.	Developmental Milestone Chart	Developmental History Interview
2.	Growth Chart	Developmental Screening Checklist
3.	Developmental Milestone Observation	Case Identification
4.	Role Play	Handgrip & Drawing Task
5.	DQ Calculation Practice	Documentation Skill
	Total: 50 marks	Total: 50 marks

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B. A. Semester V

Major – FP

(To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

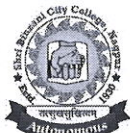
PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS			
Program Name	B.A. (Major In Psychology)			
Course Code	BA5HUPSFP2			
Course Name	Field Project			
No. of Credits	02 (Lecture – 1, Tutorial – 0, Practical – 0)			
Teaching Hours	30 hours (One hour duration each)			
Evaluation Scheme	50 (End Semester Examination – <i>Min passing marks - 24</i>) + 50 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 25 + 25 = 50)			
Group under NEP scheme	Major Core			
Pre-requisites for the course	• Knowledge about research methodology • Basic ability to interpret the data.			
Course Outcomes:				
	Course Outcomes <i>The students will be able to:</i>	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy
CO 1	Find the psychological issues or	PO1, PO2,	L – 1	Remember

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	behavioural patterns in real-world contexts and relate them to theoretical frameworks.	PO3 PSO2, PSO3		
CO 2	Compare field based findings critically and draw logical conclusions based on evidence	PO1, PO2, PO3 PSO2, PSO3	L – 2	Understand
CO 3	Implement sensitivity toward social issues and contribute to community well-being through psychological understanding	PO1, PO2, PO3 PSO2, PSO3	L – 3	Apply
Syllabus: Contents		Tentative Allotted Periods (hours)		Allotted Marks
Unit I	1.Study of Stress and coping strategies among the college students. (SDG 3) 2.Learning disabilities among school children (SDG 4) 3.Work-life balance and stress among working women (SDG 5) 4.Impact of parenting styles on behavior (SDG 3 & 4) 5. Behavioral change programs (health, hygiene) SDG 3			
Textbooks / Reference Books:	1. Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalapur Pub. Nagpur 2. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon. 3. Nimbalkar, K.P.(2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha.			



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B. A. Semester VI

Major12- Psychopathological Perspective

(To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (Major in Psychology)
Course Code	BA6HUPST12
Course Name	Psychopathological Perspective
No. of Credits	03 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Willingness to explore different perspectives like behavior, cognitive and psychoanalytic • Respect for individuals and confidentiality

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**Course Outcomes:**

	Course Outcomes <i>The students will be able to:</i>	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy
CO 1	Define the concept of normality and abnormality.	PO1, PO3, PO7, PSO1	L – 1	Remember
CO 2	Explain the classification of diagnostic principles of DSM-5	PO2, PO3, PSO2, PSO3	L – 2	Understand
CO 3	Examine the different kinds of psychological disorders.	PO1, PO3, PO7, PSO2	L – 3	Apply
CO 4	Differentiate mood disorders such as mania, depression, as well as schizophrenia, with reference to their major features and psychopathological perspective.	PO1, PO3, PSO2, PSO4	L-4	Analyze

Syllabus:	Contents	Tentative Allotted Periods (hours)	Allotted Marks
Unit I	Introduction: • Definition, Nature and Scope of abnormality; Historical Background of Abnormality Concept of Normality & Abnormality, Approaches to abnormality– Statistical, Evaluative, Practical; • Perspective of Abnormal Behavior: Biological, Behavioral and Psychoanalytical • Meaning and Importance of Classification, Psychodynamic Orientation to Classificatory system DSM-V	15	20
Unit II	Psychological Disorders • Anxiety Disorders: Generalized, Phobias, Obsessive Compulsive Disorder. • Pervasive Developmental Disorder: Asperger Disintegrative Disorder, Autistic Disorder, Rett's Disorder • Other Childhood Psychopathological Disorder: Conduct Disorder, Separation Anxiety Disorder, Childhood Depression	15	20
Unit III	Psychological Disorders: • Mood Disorders: Mania, Depression, Bipolar affective disorder. • Schizophrenia: Symptoms, Types: Simple, Paranoid, Catatonic, Hebephrenic, Residual and Treatment. • Personality Disorder: Narcissistic Personality, Anti-social Personality, Borderline Personality, Paranoid Personality.	15	20
Total teaching hours and marks		45	60

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**Practical/Activities**

1. Role Play: Students act as psychologists from different perspective.
2. Case Study: Students give short case studies of individuals.
3. Group Discussion: Students have to do group discussion topic related to the subject.
4. Video Analysis: Ask students to interpret behavior which is shown in the video.
5. Quiz Matching Game: Students have to match the pair.
6. Perspective Identification Activity: Ask students to identify how different perspective explain the behavior.

Textbooks / Reference Books:

1. Sarason I. G. & Sarason B. R. (1993) "Abnormal Psychology- The Problem of Maladaptive Behaviour 7th edition, Prentice Hall, New York.
2. Barlow, D. H. & Durand, V. M. (2002) "Abnormal Psychology: An Integrative Approach". Pearson Education.
3. Carson, R. C., Butcher, J. N., Mineka Susan (2000) "Abnormal Psychology & Modern Life" Eleventh Edition. Pearson Education.
4. American Psychiatric Association. (2022). Diagnostic and Statistical Manual of Mental Disorders (5th ed., text rev.; DSM-5-TR). American Psychiatric Association Publishing.
5. Comer, R. J., & Comer, J. S. (2019). Abnormal Psychology (10th ed.). Worth Publishers.
6. Barlow, D. H., Durand, V. M., & Hofmann, S. G. (2018). Abnormal Psychology: An Integrative Approach (8th ed.). Cengage Learning.
7. Sarason, I. G., & Sarason, B. R. (2005). Abnormal Psychology: The Problem of Maladaptive Behavior (11th ed.). Pearson.
8. Butcher, J. N., Mineka, S., & Hooley, J. M. (2017). Abnormal Psychology (17th ed.). Pearson.
9. Carson, R. C., Butcher, J. N., Mineka, S., & Hooley, J. M. (2008). Abnormal Psychology (13th ed.). Pearson.

Evaluation Pattern:

S. No	Theory (60 marks)	C.I.E (40 marks)
1.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 1 = 16 marks	Activity participation = 10 marks (2 activities x 5 marks)
2.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 2 = 16 marks	Class Test = 10 marks
3.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 3 = 16 marks	Assignment = 10 marks
4.	3 Short notes of 4 marks OR 6 VSAQs of 2 marks OR 12 MCQs of 1 mark each of all 3 units with no internal choice = 12 marks	Viva = 10 marks
Total: 60 marks		Total: 40 marks



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B. A. Semester VI

Major 13 – Biological Basis of Behaviour

(To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

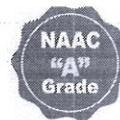
PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (Major in Psychology)
Course Code	BA6HUPST13
Course Name	Biological Basis of Behaviour
Nc. of Credits	03 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Fundamental knowledge of human biology • Awareness of the body system especially nervous system etc.

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B. A. Semester VI

Major 13 – Biological Basic of Behaviour

(To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (Major in Psychology)
Course Code	BA6HUPST13
Course Name	Biological Basis of Behaviour
No. of Credits	03 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Fundamental knowledge of human biology • Awareness of the body system especially nervous system etc.

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**Course Outcomes:**

	Course Outcomes <i>The students will be able to:</i>	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy
CO 1	Remember the biological processes of human behavior.	PO1, PSO1	L – 1	Remember
CO 2	Understand the concept of nervous system.	PO1, PO2, PSO1, PSO3	L – 2	Understand
CO 3	Chart the different brain mapping techniques.	PO1, PO3, PSO2, PSO4	L – 3	Apply
CO 4	Explain the basic concept of biological aspects.	PO1, PSO4	L-4	Analyze

Syllabus:	Contents	Tentative Allotted Periods (hours)	Allotted Marks
Unit I	Biological Basis of Behaviour: • Genes and Heredity, Hormones and Glands – their location and functions. • Endocrine Glands Function • Biological Basis of Psychological Processes (Motivation (Primary & Secondary), Emotion, Memory, Language)	15	20
Unit II	Nervous System: • Autonomic Nervous System: Sympathetic & Parasympathetic Nervous System • Nervous system- Neuron and Its function • Central Nervous System: Spinal Cord, Brain and its Parts and Function	15	20
Unit III	Brain Mapping Techniques: • Biofeedback, CT Scan • Electroconvulsive Therapy • MRI, PET Scan	15	20
	Total teaching hours and marks	45	60
Practical/Activities	1. Hormone Group Discussion on Nature Brain Diagram Labeling: Students label parts of the brain. 2. and Behavior Chart: Students prepare chart linking hormones. 3. Reaction Time Experiment: Students measure reaction time using simple tests. 4. vs Nurture: Student have to conduct GD 5. Stress Scale: Students have to solve SS. 6. Mini Research Survey: Study topic like stress and physical symptoms among peer.		

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**Textbooks /
Reference Books:**

1. Pandit, Kulkarni and Gore (1999), Manasashastra: Audhyogik ani Vyavasayik Upyojan. Pimpalapure Pub. Nagpur
2. Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon.
3. Sarason I. G. & Sarason B. R. (1993) "Abnormal Psychology- The Problem of Maladaptive Behaviour 7th edition, Prentice Hall, New York.
4. Kalat, J. W. (2024). Biological Psychology (14th ed.). Cengage Learning.
5. Pinel, J. P. J., & Barnes, S. J. (2026). Biopsychology (12th ed.). Pearson.

Evaluation Pattern:		
S. No	Theory (60 marks)	C.I.E (40 marks)
1.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 1 = 16 marks	Activity participation = 10 marks (2 activities x 5 marks)
2.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 2 = 16 marks	Class Test = 10 marks
3.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 3 = 16 marks	Assignment = 10 marks
4.	3 Short notes of 4 marks OR 6 VSAQs of 2 marks OR 12 MCQs of 1 mark each of all 3 units with no internal choice = 12 marks	Viva = 10 marks
	Total: 60 marks	Total: 40 marks

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Shri Binzani City College

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(An Autonomous Institution affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur)

B. A. Semester VI

Major14- Psychotherapeutic Approaches

(To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

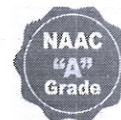
PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (Major in Psychology)
Course Code	BA6HUPST14
Course Name	Psychotherapeutic Approaches
No. of Credits	03 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Familiarity with major branches of psychology such clinical, abnormal etc. • Basic awareness about the psychological disorder

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**Course Outcomes:**

	Course Outcomes <i>The students will be able to:</i>	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy
CO 1	Outline of basics of psychotherapy.	PO1, PO2, PO3, PSO2	L – 1	Remember
CO 2	Gather the information of different techniques of psychotherapies	PO1, PO2, PO3, PSO2	L – 2	Understand
CO 3	Implement different techniques of psychotherapies for self help.	PO1, PO2, PO3, PSO2	L – 3	Apply
CO 4	Distinguish between different psychotherapeutic approaches.	PO1, PO2, PO3, PO7 PSO2	L-4	Analyze

Syllabus:	Contents	Tentative Allotted Periods (hours)	Allotted Marks
Unit I	Introduction to Psychotherapies: • Psychotherapy: Concept, Definition, Goals and Aims of psychotherapy; • Characteristics of an Effective Therapist • Ethical Issues in Psychotherapy	15	20
Unit II	Psychotherapies Technique I: • Psychodynamics: Freud View • Behavioral: Classical Conditioning & Systematic Desensitization • Humanistic: Client Centre Therapy	15	20
Unit III	Psychotherapies Technique II: • Cognitive Behaviour Therapy • Rational Emotive Behaviour Therapy • Pantanjali Yoga	15	20
	Total teaching hours and marks	45	60
Practical/Activities	1. Role Play: Students acts as a therapist and client using simple scenarios. 2. Case Study Analysis: Students analyses cases and suggest therapies. 3. Therapy Technique Demonstration: Demonstrate techniques like relaxation deep breathing. 4. Cognitive Restructuring Activity: Students identify negative thoughts and replace it with positive thoughts 5. Stress Management Activity: Students practice techniques like meditation, relaxation etc. 6. Ethics in Therapy Discussion: Discuss confidentiality, consent and professional boundaries		

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**Textbooks /
Reference
Books:**

1. Pandit, Kulkarni and Gore (1999), Manasashastra: Audhyogik ani Vyavasayik Upyojan. Pimpalapure Pub. Nagpur
2. Pawar, B. S. & Chaudhari, J. B. (2004) "Counseling Psychology" Prashant Publication.
3. Sarason I. G. & Sarason B. R. (1993) "Abnormal Psychology- The Problem of Maladaptive Behaviour 7th edition, Prentice Hall, New York.
4. Kaplan & Sadock. Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry. Wolters Kluwer.
5. Beck, A. T., Rush, A. J., Shaw, B. F., & Emery, G. Cognitive Therapy of Depression. Guilford Press.
6. Wolpe, J. Psychotherapy by Reciprocal Inhibition. Stanford University Press.

Evaluation Pattern:		
S. No	Theory (60 marks)	C.I.E (40 marks)
1.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 1 = 16 marks	Activity participation = 10 marks (2 activities x 5 marks)
2.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 2 = 16 marks	Class Test = 10 marks
3.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 3 = 16 marks	Assignment = 10 marks
4.	3 Short notes of 4 marks OR 6 VSAQs of 2 marks OR 12 MCQs of 1 mark each of all 3 units with no internal choice = 12 marks	Viva = 10 marks
	Total: 60 marks	Total: 40 marks

Asst. Prof. P. Kulkarni



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B. A. Semester VI Elective 2A- Statistical Methods (To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (Major in Psychology)
Course Code	BA6HUPSME2A
Course Name	Statistical Methods
No. of Credits	04 (Lecture – 4, Tutorial – 0, Practical – 0)
Teaching Hours	60 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Basic awareness about different types of research • Interest in how to use statistical techniques

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**Course Outcomes:**

	Course Outcomes <i>The students will be able to:</i>	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy
CO 1	Memorize basics statistical concepts and techniques	PO1, PO5, PSO4	L – 1	Remember
CO 2	Extend basic probability concepts to solve problems	PO1, PO2, PSO4	L – 2	Understand
CO 3	Examine statistical results and draw valid conclusions	PO1, PO5, PSO4	L – 3	Apply
CO 4	Calculate and interpret different types of correlation	PO1, PO2, PSO4	L-4	Analyze
CO5	Assess data using appropriate statistical techniques	PO1, PO5, PSO4	L-5	Evaluate

Syllabus:	Contents	Tentative Allotted Periods (hours)	Allotted Marks
Unit I	Introduction: • Meaning, Definition, Types of Statistics, Role of Statistics in Psychology and Research • Variables and Types of Data • Frequency Distribution and Graphical Representation	15	15
Unit II	Central Tendency: • Measures of Central Tendency: Mean, Median & Mode (Grouped & Ungrouped) • Computation of Standard Deviation (Grouped & Ungrouped) • Measure of Variability: Quartile Deviation	15	15
Unit III	Test of Significance and Normal Probability Curve • Test of Significance: 't' Test • Chi Square Test • Concept, Meaning, Characteristics, Application of Normal Probability Curve	15	15
Unit IV	Correlation: • Concept, Types of Correlations • Pearson's Product Movement Correlation • Spearman Rank Difference Correlation	15	15
	Total teaching hours and marks	60	60
Practical/Activities	1 Mini Research Project		

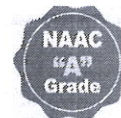
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**Textbooks /
Reference
Books:**

1. Barve, B. N. (2010) Manasshastril Sansodhan Padhati" Akar Graphics Nagpur
2. Illowsky Barbara & Dean Susan(2018) "Introductory Statistics" Openstax Rice University
3. Dwivedi, R. S. (1997) "Research Methods in Behavioral Sciences" MacMillan India Lim.
4. S. K. Mangal (2002) "Statistics in Psychology & Education" 2nd Add
5. Garrett, H. E. (2005). Statistics in Psychology and Education (12th ed.). Paragon International Publishers.
6. Aron, A., Aron, E. N., & Coups, E. J. (2019). Statistics for Psychology (7th ed.). Pearson.
7. Gravetter, F. J., & Wallnau, L. B. (2017). Statistics for the Behavioral Sciences (10th ed.). Cengage Learning.
8. Mangal, S. K. (2002). Statistics in Psychology and Education. Prentice-Hall of India.

Evaluation Pattern:		
S. No	Theory (60 marks)	C.I.E (40 marks)
1.	1 LAQ of 12 marks or 2 SAQs of 6 marks each based on Unit 1 = 12 marks	Activity participation = 10 marks (2 activities x 5 marks)
2.	1 LAQ of 16 marks or 2 SAQs of 6 marks each based on Unit 2 = 12 marks	Class Test = 10 marks
3.	1 LAQ of 16 marks or 2 SAQs of 6 marks each based on Unit 3 = 12 marks	Assignment = 10 marks
4.	1 LAQ of 16 marks or 2 SAQs of 6 marks each based on Unit 3 = 12 marks	Viva = 10 marks
5.	3 Short notes of 4 marks OR 12 VSQs of 1 mark each of all 3 units with no internal choice = 12 marks	
Total: 60 marks		Total: 40 marks

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B. A. Semester VI Elective 2B- Research Methodology (To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

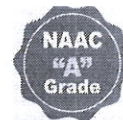
PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (MAJOR IN PSYCHOLOGY)
Course Code	BA6HUPSME2B
Course Name	Research Methodology
No. of Credits	04(Lecture – 4, Tutorial – 0, Practical – 0)
Teaching Hours	60 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Understanding key term like hypothesis, variables etc. • Basic knowledge of report writing.

**Course Outcomes:**

	Course Outcomes <i>The students will be able to:</i>	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy
CO 1	Define key concepts of research such as, research problem, hypothesis, variables etc.	PO1, PO5, PSO4	L – 1	Remember
CO 2	Gather different types of research methods, designs used in psychology	PO1, PO5, PSO4	L – 2	Understand
CO 3	Choose appropriate research methods and tools for data collection	PO1, PO2, PO5, PSO4	L – 3	Apply
CO 4	Correlate collected data using basic statistical techniques	PO1, PO5, PSO4	L-4	Analyze
CO5	Experiment and conduct a small research study and prepared a structured research report following standard guidelines	PO1, PO5, PSO4	L-4	Evaluate

Syllabus:	Contents	Tentative Allotted Periods (hours)	Allotted Marks
Unit I	Research Problem & Hypothesis: - Definition, Importance, Characteristics, Types of Research: Qualitative & Quantitative - Research Problem and Variables - Hypothesis: Meaning, Types	15	15
Unit II	Sampling & Data Collection: - Meaning , Objectives & Types of Sampling - Methods of Data Collection: Questionnaire, Interview and Observation by Psychological Test - Characteristics of Good Psychological Test	15	15
Unit III	Research Design: - Definition, Purpose & Function of Research Design - Survey Research & Pre-experimental Design - Experimental and Quasi-experimental D	15	15
Unit IV	Analysis of Variance & Report Writing: - Meaning, Types, Characteristics of Variance - One Way & Two Way ANOVA - Report Writing: Qualitative & Quantitative	15	15
	Total teaching hours and marks	60	60
Practical/ Activities	1. Research Report Writing: write a report including introduction, method, results and discussion.		

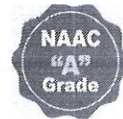
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**Textbooks /
Reference
Books:**

1. Barve, B. N. (2010) Manasshastril Sansodhan Padhati" Akar Graphics Nagpur
2. Illowsky Barbara & Dean Susan(2018) "Introductory Statistics" Openstax Rice University
3. Dwivedi, R. S. (1997) "Research Methods in Behavioral Sciences" MacMillan India Lim
4. S. K. Mangal (2002) "Statistics in Psychology & Education" 2nd Add
5. Shaughnessy, J. J., Zechmeister, E. B., & Zechmeister, J. S. (2014). Research Methods in Psychology (10th ed.). McGraw-Hill Education.
6. Gravetter, F. J., & Forzano, L. B. (2018). Research Methods for the Behavioral Sciences (6th ed.). Cengage Learning.
7. Kothari, C. R., & Garg, G. (2019). Research Methodology: Methods and Techniques (4th ed.). New Age International Publishers.
8. Kerlinger, F. N., & Lee, H. B. (2000). Foundations of Behavioral Research (4th ed.). Wadsworth.

Evaluation Pattern:		
S. No	Theory (60 marks)	C.I.E (40 marks)
1.	1 LAQ of 12 marks or 2 SAQs of 6 marks each based on Unit 1 = 12 marks	Activity participation = 10 marks (2 activities x 5 marks)
2.	1 LAQ of 16 marks or 2 SAQs of 6 marks each based on Unit 2 = 12 marks	Class Test = 10 marks
3.	1 LAQ of 16 marks or 2 SAQs of 6 marks each based on Unit 3 = 12 marks	Assignment = 10 marks
4.	1 LAQ of 16 marks or 2 SAQs of 6 marks each based on Unit 3 = 12 marks	Viva = 10 marks
5.	3 Short notes of 4 marks OR 12 VSQs of 1 mark each of all 3 units with no internal choice = 12 marks	
	Total: 60 marks	Total: 40 marks

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B. A. Semester VI

Minor 2 – General Psychology II

(To be implemented from 2024 – 25)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (MAJOR IN PSYCHOLOGY)
Course Code	BA6HUPSMI2
Course Name	General Psychology II
No. of Credits	03 (Lecture – 3, Tutorial – 0, Practical – 0)
Teaching Hours	45 hours (One hour duration each)
Evaluation Scheme	60 (End Semester Examination – <i>Min passing marks - 24</i>) + 40 (Continuous Internal Examination – <i>Min passing marks - 16</i>) = 100 marks (Min passing marks – 24 + 16 = 40)
Group under NEP scheme	MINOR
Pre-requisites for the course	• Interest in human behavior • Being inquisitive about psychological study

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**Course Outcomes:**

	Course Outcomes <i>The students will be able to:</i>	PO/ PSO Mapped	Cognitive Level	Bloom's Taxonomy
CO 1	Define the concept of motives and emotions.	PO2, PO3, PSO1, PSO4	L – 1	Remember
CO 2	Distinguish between different the personality and intelligence aspects.	PO1, PO2, PO3, PSO1, PSO3	L – 2	Analyze
CO 3	Associate scope of psychology in the different aspects of life.	PO1, PO2, PO7, PSO1, PSO3	L – 3	Understand
CO 4	Examine the concept of all fundamental psychology with human behavior	PO1, PO3, PSO2, PSO3	L-4	Apply

Syllabus:	Contents	Tentative Allotted Periods (hours)	Allotted Marks
Unit I	Psychological Processes • Motivation Definition: Meaning, Concept of homeostasis, Types of motives: Physiological, Psychological, Social, Motivational Conflicts. • Emotion- Definition, Types (Wheel of Emotions), Correlates: internal and external, Concept of Emotional Intelligence. • Theories of Motivation and Emotion: Maslow's theory of Hierarchy of Motives; James-Lange; Cannon-Bard; Schachter-Singer and Cognitive Appraisal Theory Activities: • Level of Aspiration • Achievement Motivation Test • Test on Emotional Intelligence	15	20
Unit II	Personality and Intelligence • Personality- Definition, Concept, Types and Traits; Determinants of Personality, Theories of Personality- Psychoanalytic: Freud, Psycho-Social: Erikson, Humanistic: Rogers. • Intelligence -Definition, Heredity, environment and intelligence; Theories of Intelligence- Gardner's theory, Guilford's SOI model, Cattell Theory. Types of Intelligence Tests, Concept & Calculation of Intelligence Quotient, Mental Age, Chronological Age, Distribution of IQ in population. Creativity: Definition, Stages of Creativity. • Assessment of Intelligence and Personality Activities: • Koh's Block Test • Personality Inventory • Type A/B Personality	15	20

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Unit III	Emerging Areas in Psychology Psychology for Education & Career: School & Educational Psychology, Career Counseling, Psychology at Workplace: Organizational & Industrial - Psychology, OD, OB, HRM Work- Stress and Health Issues, Work-Life Balance Psychology for Families: Child Psychology, Developmental Psychology, Premarital Counselling Psychology Activities: - Job Satisfaction - Work Motivation Questionnaire - Test on Emotional Maturity	15	20
	Total teaching hours and marks	45	60

Textbooks / Reference Books:	- Pandit, Kulkarni and Gore (1999), Samanya Manasashastra, Pimpalapur Pub. Nagpur - Baran, R. A. (1995): Psychology: The Essential Science, New Delhi, Allyn and Bacon. - Nimbalkar, K.P.(2016): Psychology Experiments and Tests (in Marathi), Psychoscan, Wardha. - भुस्कुटे अ. (2024) 'मानसशास्त्राची मुलतत्वे' पिंपळपुरे पब्लीकेशन्स नागपूर - Morgan C.T., King, R.A. Weisz, J.r. & Schopler, J. Introduction to Psychology McGraw-Hill - Barron, R.A. & Mishra, G. (2016) Psychology (5th ed) Pearson India
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Evaluation Pattern:		
S. No	Theory (60 marks)	C.I.E (40 marks)
1.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 1 = 16 marks	Activity participation = 10 marks (2 activities x 5 marks)
2.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 2 = 16 marks	Class Test = 10 marks
3.	1 LAQ of 16 marks or 2 SAQs of 8 marks each based on Unit 3 = 16 marks	Assignment = 10 marks
4.	3 Short notes of 4 marks OR 6 VSAQs of 2 marks OR 12 MCQs of 1 mark each of all 3 units with no internal choice = 12 marks	Viva = 10 marks
	Total: 60 marks	Total: 40 marks

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Near Sakkardara Square, Umrer Road, Nagpur

(An Autonomous Institution affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur)

B. A. Semester VI OJT- Mental Health Centre (To be implemented from 2026 – 27)

PROGRAM EDUCATIONAL OUTCOMES (PEOs):

1. Graduates will demonstrate professional excellence in their chosen fields, showcasing creativity, critical thinking, and technical skills.
2. Graduates will effectively communicate and collaborate within diverse, interdisciplinary teams and communities.
3. Graduates will express gratitude and appreciate various forms of arts and literature in general and Indian Knowledge values and systems, in particular.

For reference: PROGRAM OUTCOMES (POs)

PO 1: Critical Thinking

PO2: Effective Communication

PO 3: Social Interaction

PO 4: Effective Citizenship

PO 5: Ethics

PO 6: Environment and Sustainability

PO 7: Self-directed and Lifelong Learning

PROGRAM SPECIFIC OUTCOMES (PSOs): *The students will be able to -*

PSO1: Examine how social behaviour influences affect individual behaviour by applying theories of conformity, prejudice, aggression and pro-social behaviour to real world context.

PSO2: Apply different counselling approaches by demonstrating

PSO3: Analyze organizational behaviour patterns by applying learning theories to classroom management and curriculum development.

PSO4: Evaluate models of stress, coping and illness behaviour by using various designs and statistical tools to enhance mental health.

Program Code	BAPS
Program Name	B.A. (Major in Psychology)
Course Code	BA6HUPSOJT1
Course Name	ON JOB TRAINING
No. of Credits	04 (Lecture – , Tutorial – 0, Practical – 4)
Teaching Hours	120 hours (One hour duration each)
Evaluation Scheme	(Annexure XI-A OF Direction no.1 of 2024)
Group under NEP scheme	Major Core
Pre-requisites for the course	• Have basic knowledge of psychological concepts, ethics, and confidentiality • Possess good communication and interpersonal skills

Arkas. K. Reddy
P. K. Reddy